

Position	Bib	First Name	Last Name	Club	Time	Cat	Cat Place
1	15	Freddie	Roden	Abbey Runners	3:35:55	M	M1
2	12	Ben	Hamilton	Selby Striders	3:39:36	MV40	M2
3	17	Stephen	Kirk		3:57:15	MV40	M3
4	45	Tim	Patterson	Airienteers	4:06:30	MV40	
5	46	Rob	Patterson	South London Orienteers	4:06:30	M	
6	39	Cameron	Pilling	(no club)	4:17:55	M	
7	41	Daniel	Walters		4:22:09	M	
8	29	Simon	Munnis		4:38:05	MV40	
9	26	Emma	Roper		4:45:25	FV40	F1
10	34	Vernon	Frost	-Individual-	5:03:51	MV50	MV50+
11	42	Shaun	Davison	Selby Striders	5:03:55	MV50	
12	30	Mark	Helliwell		5:18:38	MV40	
13	19	Bronwyn	Mayo	Thirsk & Sowerby Harriers	5:23:17	FV40	F2
14	9	Allan	Watts		5:26:48	MV40	
15	4	Rich	Ansell	-Individual-	5:27:32	M	
16	43	Karen	Saward	Swaledale Outdoor Club/Team Catterpillar	5:28:06	FV50	F3
17	21	Jess	Manders	Pocklington Runners	5:32:39	F	
18	36	Paula	Jamieson	-Individual-	5:34:53	FV40	
19	25	Sean	Conaty		5:36:41	M	
20	38	Stephen	Ramsay		5:40:02	MV40	
21	14	Rob	Lasonder		5:40:52	MV50	
22	44	Mark	Collinson	FRA	5:44:55	MV40	
23	31	Gerard	Kelly	Team Caterpillar	5:47:02	MV50	
24	37	Noel	Jones		5:51:08	MV50	
25	3	Julian	Horsley	Pocklington Runners	6:03:01	MV50	
26	28	Phil	Mcgill	Swaledale Runners	6:03:55	MV40	
27	33	Emma	Young		6:10:26	FV40	
28	35	Heather	Woolley		6:10:47	FV50	FV50+
29	8	Helen	Nicholson	Swaledale Runners	6:13:52	FV60	
30	1	Kirsty	Hancock	York Knavesmire Harriers	6:20:13	FV40	
31	11	Mundy	Kilner	Selby Striders	6:20:14	FV40	
32	24	Michael	Frape	Cambridge & Coleridge AC	6:23:31	MV50	
33	18	Donna	Roe	Redcar Running Club	6:29:21	FV40	
34	13	Gaynor	Voice		6:42:20	FV50	
35	7	John	Cantrell	Swaledale Runners	6:42:21	MV60	
36	40	Ed	Key		6:44:18	MV40	
37	20	Zoe	Sewter	Hermitage Harriers	6:44:19	FV40	
38	16	Delyth	Rennie	Swaledale Runners	6:50:58	FV50	
39	2	Chris	l'Anson	Ripon Runners	6:53:05	MV60	
40	5	James	Stuart-Mills	Ripon Runners	6:56:00	MV50	
41	10	Sally	Watts	Marsden Racers	6:58:39	FV40	
42	23	Louise	Cardwell		7:02:55	FV50	
43	6	Helena	Conlin	Ripon Runners	7:05:50	FV50	
44	22	Katy	Smith	Deepdale Doggers (...it's a CanniX group!!)	7:06:09	FV40	
45	32	Charlie	Anderson		7:32:58	F	
46	27	Ruth	Smith	(no club)	7:44:11	F	
47	47	Nicola	Lees	Nidderdale Fell & Trail	7:58:17	FV50	