

Position	Bib	First name	Last name	Club	Time	Category	Cat Place
1	556	Philip	Stones		27:55.8	MV50	1st M
2	555	Chris	Muston	Swaledale Runners	28:17.3	MV60	2nd M
3	550	Phoebe	Haw	Richmond & Zetland Harriers	28:29.9	F	1st F
4	195	Robert	Dashwood	Swaledale Runners	28:32.6	MV40	3rd M
5	219	Fiona	Massey		30:59.6	FV50	2nd F
6	227	Kirsty	Naylor	Thirsk & Sowerby Harriers	32:32.6	FV40	3rd F
7	548	David	Ackroyd		35:40.4	MV60	
8	553	Caroline	Pounder	Hambleton Athletics & Runnin	36:28.3	FV40	
9	549	Helen	Di Duca		41:41.9	F	
10	551	Annabel	MacGregor	Hambleton Athletics & Runnin	53:46.8	FV40	
11	554	Bridget	Wilson	Hambleton Athletics & Runnin	53:47.1	FV50	